



moments
good food cafe

ALL MENU ITEMS AVAILABLE TO TAKE AWAY

An allergen folder for our Full Menu is available on request

Our profits help to support people affected by dementia. To find out more, speak to a member of staff, or take a look at our website

keep in touch

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www.moments-cafe.com

Please make us aware of any dietary requirements when placing your order.

All Day Breakfast

Moments Breakfast £6.95 (FREE Mug of Tea or Small Americano when ordered BEFORE 11:30am)

2 Slices of Bacon, 2 Sausages, 1 Fried Free-Range Egg, Tomato, Baked Beans, Mushrooms and 2 Slices of Toast

Moments Vegetarian Breakfast (V) £6.95 (FREE Mug of Tea or Small Americano when ordered BEFORE 11:30am)

2 Vegetarian Sausages, 2 Fried Free-Range Eggs, Tomatoes, Baked Beans, Mushrooms and 2 Slices of Toast

Mini Breakfast £4.95

1 Slice of Bacon, 1 Sausage, 1 Fried Free-Range Egg, Tomato, Mushrooms, Baked Beans and 1 Slice of Toast

Mini Vegetarian Breakfast (V) £4.95

2 Vegetarian Sausages, 1 Fried Free-Range Egg, Tomato, Mushrooms, Baked Beans and 1 Slice of Toast

Vegan Breakfast (V)(Vg) £4.85

2 Vegetarian Sausages, Tomatoes, Mushrooms, Baked Beans and 1 Slice of Toast

Breakfast Baps £3.00

Choose between Bacon, Sausages, Vegetarian Sausages (V)(Vg), or a Fried Free-Range Egg (V)

Moments Vintage Classics

Bubble & Squeak (Gf*) £6.95

Served with 1 Fried Free-Range Egg, 2 Slices of Bacon & Baked Beans

Vegan Bubble & Squeak (V)(Vg)(Gf*) £5.95

Served with Tomato, Mushrooms & Baked Beans

Corned Beef Hash (Gf*) £5.95

Served with 1 Fried Free-Range Egg & Baked Beans

Cottage Pie (Gf*) £5.95

Served with Baked Beans or Peas

Wraps

Served with a Salad Garnish & Homemade Coleslaw

Chicken Caesar (Gf*) £5.50

Chicken, Bacon, Lettuce, Parmesan, Croutons & Caesar Dressing

B.L.T (Gf*) £5.50

Bacon, Lettuce, Tomato & Mayonnaise

Vegetarian Sausage (V)(Vg*) £5.50

2 Vegetarian Sausages, Lettuce, Tomato & Mayonnaise



Sandwiches

Served on White or Wholemeal Bread with a Salad Garnish & Homemade Coleslaw

Bacon (Gf*)	£4.00
Sausage	£4.00
Vegetarian Sausage (V)(Vg)	£4.00
Fish Finger	£4.20
Bacon, Lettuce & Tomato (Gf*)	£4.15
Ham (Gf*)	£4.00
Cheese (V)(Gf*)	£3.60
Cheese & Coleslaw (V)(Gf*)	£4.00
Cheese & Onion (V)(Gf*)	£4.00
Cheese & Tomato (V)(Gf*)	£4.00
Tuna Mayonnaise (Gf*)	£4.20

Toasted Sandwiches

Bacon & Cheese (Gf*)	£4.50
Ham & Cheese (Gf*)	£4.50
Tuna Mayonnaise & Cheese (Gf*)	£4.50
Cheese (V)(Gf*)	£4.00
Cheese & Onion (V)(Gf*)	£4.30
Cheese & Tomato (V)(Gf*)	£4.30

Jacket Potatoes (Gf*)

Served with a Salad Garnish & Homemade Coleslaw

Ham & Cheese	£5.50
Ham, Cheese & Pineapple	£5.80
Bacon and Cheese	£5.50
Tuna Mayonnaise	£5.50
Beef Chilli	£5.80
Veggie Chilli (V)(Vg)	£5.80
Butter (V)(Vg)	£4.50
Cheese (V)	£5.00
Baked Beans (V)(Vg)	£5.00
Cheese & Beans (V)	£5.50
Cheese & Onion (V)	£5.30
Cheese & Coleslaw (V)	£5.50

Lighter Bites

A Round of Toast (V)(Vg*)(Gf*) £1.95

2 Slices of Toast with Jam, Marmalade, Honey or Marmite

Toasted Crumpets (V)(Vg*) £2.00

2 Toasted Crumpets with Jam, Marmalade, Honey or Marmite

Large Toasted Teacake (V)(Vg*) £2.00

Cheese on Toast (V)(Gf*) £3.00

2 Slices of Toast with Melted Cheese

Beans on Toast (V)(Vg)(Gf*) £3.00

2 Slices of Toast with Baked Beans

Mushrooms on Toast (V)(Vg)(Gf*) £3.00

2 Slices of Toast with Mushrooms

Scrambled Egg or Fried Egg on Toast (V)(Gf*) £3.30

2 Slices of Toast with 2 Free Range Eggs

Omelettes (Gf*)

Omelettes are served with a Salad Garnish & Homemade Coleslaw

Plain (V)	£4.50
Cheese (V)	£5.00
Mushroom (V)	£5.00
Ham	£5.20
Ham & Mushroom	£5.50
Cheese & Ham	£5.50
Cheese & Mushroom (V)	£5.20
Cheese & Onion (V)	£5.20
Cheese & Tomato (V)	£5.20

Daily Specials

Please ask a member of staff, or take a look at our specials board.

Roast of The Day (V)(Vg*)(Gf*) £6.95

Served every Saturday from 11:30am

Soup of The Day (V)(Vg*)(Gf*) £3.80

Served with a Warm Roll or Gluten Free Bread

V - Vegetarian Vg - Vegan Vg* - Vegan option available Gf* - Gluten Free option available

“We don't serve fast food, we serve good food, as fast as we can.”

